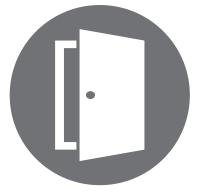
LET'S ALL DO OUR PART

An offer of help in response to COVID-19. Let's look out for each other and spread only kindness. Avoid physical contact (2m distance). Wash your hands regularly. Together, we can support isolated and vulnerable people.



Tie or pin a coloured ribbon/string/sock etc to your door:

Green = Happy to help
Yellow = Self-isolating but okay
Red = Self-isolating and need help



Place the following cut out in your window, visible to passers-by. Clearly write your name, house number and contact details.



Let's think of others, consider your actions and be kind. Items should be left on people's doorsteps.

(For flats, write your door number in a large font)

HAPPY TO HELP

House/Flat no:	Name:	Phone no:
I can help with:	☐ Picking up shopping ☐ A friendly phone call	Posting mail Urgent supplies

SELFISOLATING
BUT
OKAY

House/Flat no: Name: Phone no:

SELFISOLATING
AND NEED
HELP

House/Flat no:

Name:

Phone no: