

# LET'S ALL DO OUR PART

An offer of help in response to COVID-19. Let's look out for each other and spread only kindness. Avoid physical contact (2m distance). Wash your hands regularly. Together, we can support isolated and vulnerable people.



Tie or pin a coloured ribbon/string/sock etc to your door:

Green = Happy to help

Yellow = Self-isolating but okay

Red = Self-isolating and need help



Place the following cut out in your window, visible to passers-by. Clearly write your name, house number and contact details.



Let's think of others, consider your actions and be kind. Items should be left on people's doorsteps.

(For flats, write your door number in a large font)

**HAPPY  
TO  
HELP**

House/Flat no:

Name:

Phone no:

I can help with:

Picking up shopping

Posting mail

A friendly phone call

Urgent supplies

**SELF-  
ISOLATING  
BUT  
OKAY**

House/Flat no:

Name:

Phone no:

**SELF-  
ISOLATING  
AND NEED  
HELP**

House/Flat no:

Name:

Phone no: